

COVID-19 POLICIES & PROCEDURES

Liberty Parks and Rec takes the COVID-19 pandemic very seriously. The health and welfare of our players, families, coaches and staff is our top priority. The following document will explain the LPR's COVID-19 guidelines and procedures regarding COVID-19.

First and foremost, you should only allow your child to get back to sports if you're ready and feel safe. There is a lot of information, so please take the time to read thoroughly. With the approval of practices and games, there are still guidelines we must follow. These guidelines may seem excessive, but they have been put in place to ensure the health and safety of everyone and must be followed.

LIBERTY PARKS AND REC ATTENDING PRACTICES/GAMES PROCEDURES

Before Leaving Your Home:

Ask these required questions and if the answer is yes to any, you must keep your player home and notify your coach and Liberty Parks and Rec.

1. Have you been ill recently with symptoms such as fever, cough, and shortness of breath?
2. Is a family member who lives with you ill and has COVID-19 symptoms?
3. Have you been in contact with someone who has tested positive for COVID-19, is being treated for, or was treated for, or was told to quarantine and not report to work due to a risk of exposure to COVID-19?
4. Have you recently traveled to and returned from a known COVID-19 hot spot?
5. Check your child's temperature. **If you have a temperature of 100.4 or higher you need to stay home & contact your coach.**

Upon Arrival to Practices/Games:

- Players will train without their mask.
- Wearing a mask to and from practices/games is encouraged but not required.
- Place your gear at least 6 feet from your teammate's gear.
- Social Distance throughout the session / Do not touch your teammates (no hugs, pats on the back, etc.).
- During games contact is unavoidable but avoid unnecessary non-game related contact (pat on back, helping player to his/her feet, etc.)
- Listen to your coaches instructions at all times.
- Social distancing must be maintained at all times.

When Practices or Games Are Over:

- When leaving the complex continue to follow social distance guidelines.
- Go straight to your vehicle and leave the complex.
- No high fives or fist bumps after the game.

Once You Arrive At Home:

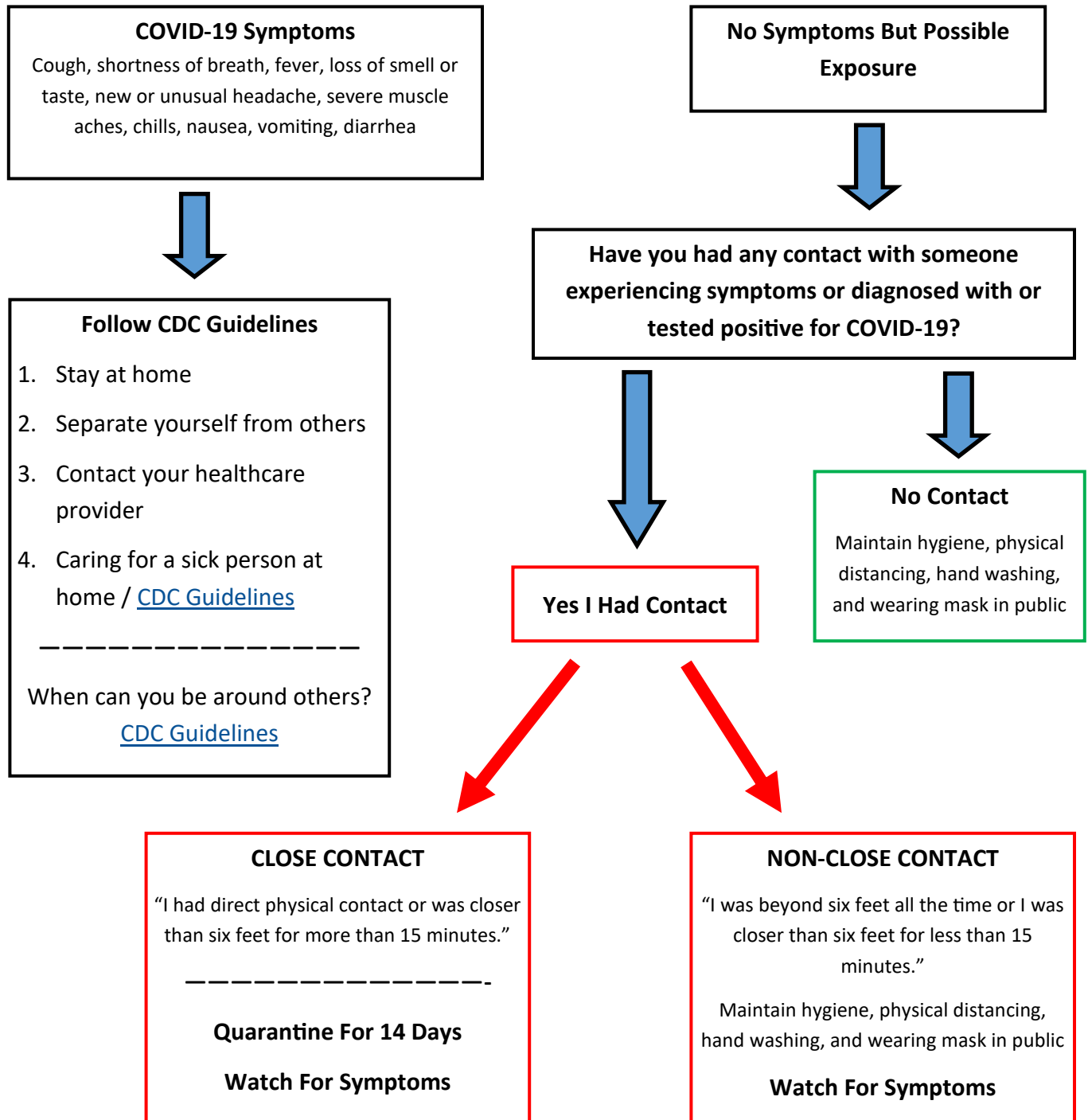
- Leave your equipment, cleats, and water bottle in your vehicle or in the garage.
- Wipe equipment, cleats and water bottles down with disinfectant wipes.
- Remove your game uniforms and immediately put in the laundry.

Coach Requirements:

- Limit equipment brought to practice, disinfecting all equipment before / after use.
- Do not allow players to share pennies, other equipment, or water bottles.
- If a parent contacts you to report a sick player, you must contact Liberty Parks and Rec

COVID-19 Symptoms or Exposure

DECISION TREE #1



Responsibility To Liberty Parks and Rec

If you have symptoms or believe you have been exposed, it's important that you notify Liberty Parks and Rec. Based on your level of COVID-19 exposure, LPR may need to extend quarantine instructions to your team, coaches and staff.

Please provide details to: bjohnston@libertymo.gov, pruf@libertymo.gov, jrawie@libertymo.gov

Returning To Training/Games After An Illness

DECISION TREE #2

